Name:			

Match the Food to Its Group

Place an X in the correct food group column for each food listed











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Food	Grains	Vegetables	Fruits	Dairy	Meat/Beans
cheddar cheese					
apricot					
oatmeal					
salmon					
onion					
wild rice					
liver					
squash					
mango					
yogurt					
raisin					
popcorn					
zucchini					
lentil					